Production within dense mats of the filamentous macroalga *Chaetomorpha linum* in relation to light and nutrient availability

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ABSTRACT: Dense mats of *Chaetomorpha linum* were incubated in the laboratory at low and high surface irradiance and were enriched by a simulated sediment nutrient flux. Algal activity resulted in marked diurnal variations and steep vertical gradients in O$_2$ and NH$_4^+$ concentration profiles within the mats. In the light, O$_2$ production caused supersaturation in the surface layers, and algal assimilation significantly reduced the flux of nutrients to the water column. The depth gradients of decreasing light and increasing nutrient availability within the mat were reflected in the algal tissue composition. At high surface irradiance, chlorophyll concentrations increased towards the bottom of the mat and C/N ratios gradually declined. This pattern suggested light limitation in the bottom of the mat and progressive N limitation towards the mat surface. Algal productivity declined with depth in the mats, reflecting a pronounced self-shading, and the photic zone (i.e., the depth of 1% surface irradiance) was only 8 cm deep. Productivity per unit volume was high, and comparisons to communities of other benthic macrophytes, benthic microalgae, and phytoplankton demonstrated a general pattern of increasing volume-specific productivity at decreasing extension of the photic zone, whereas the area productivity (depth-integrated) of the different plant communities is remarkably uniform. As algal density and self-shading increases, the algal mats can switch from being net productive to a status where consumption exceeds production. Reduced irradiance and increased water temperature may also trigger this shift, and the resulting effects on O$_2$ and nutrient balances make shallow macroalgal-dominated systems inherently unstable.

KEY WORDS: Macroalgal mats • *Chaetomorpha linum* • Light • Production • Oxygen • Nutrients • Chlorophyll • Tissue composition • Microelectrodes

INTRODUCTION

Ephemeral macroalgae are often the dominant primary producers in shallow, eutrophic bays where they may form dense mats on the sediment surface (Sfriso et al. 1987, Lavery et al. 1991, Valiela et al. 1992). The development of algal mats can be important to the nutrient dynamics of coastal waters because actively growing mats may intercept the nutrient flux from the sediment to the water column (K. McGlathery, D. Krause-Jensen, S. Rysgaard & P. B. Christensen unpubl.).

Light and nutrients are important regulating factors of macroalgal growth and productivity. Growth can be described as a saturating function of both irradiance (Sand-Jensen & Madsen 1991) and tissue nutrient content (Lavery & McComb 1991a, Pedersen 1993), but light and nutrient effects are also strongly interactive (Lapointe & Tenore 1981, Coutinho & Zingmark 1993). The relative importance of these growth limiting factors typically changes over the season. Light is the major limiting factor during winter and early spring when nutrients are in ample supply, whereas nutrients usually limit production during summer when nutrient availability is low and light availability is higher (Olesen 1989, Pedersen 1993). In addition, spatial differences between nutrient and light limitation may occur.
within the same estuary between shallow versus deep sites and between nutrient-poor versus nutrient-rich regions (Christensen et al. 1994). Macroalgae can acclimate to these variations in light and nutrient availability through biochemical changes to maximize photosynthetic capacity and growth. For example, tissue N and pigment contents tend to increase when irradiance decreases (Markager & Sand-Jensen 1994 and references therein) and when N availability increases (Bird et al. 1982, Lapointe & Duke 1984).

The relative importance of nutrients and light as growth regulating factors can also be expected to vary on a vertical scale within dense algal mats, since the microclimate can vary significantly from the surface to bottom layers of the mat (Lavery & McComb 1991b, Thybo-Christensen et al. 1993, Christensen et al. 1994). While seaweeds typically obtain nutrients from the water column, dense macroalgal mats may also benefit from sediment nutrient sources. A gradient in ambient nutrient concentrations may develop within algal mats, as the availability decreases with distance from the sediment (Lavery & McComb 1991b, Thybo-Christensen et al. 1993, McGlathery et al. unpubl.). Decomposition and mineralization of organic bound nutrients in the bottom layers of dense algal mats may provide an additional nutrient source within the mats (Thybo-Christensen & Blackburn 1993, McGlathery et al. unpubl.). High algal density, on the other hand, also creates pronounced self-shading, which results in decreasing light availability from the surface to bottom layers of the algal mats (Gordon & McComb 1989).

The purpose of this work was to study macroalgal productivity in relation to the vertical gradients of light and nutrient availability created within dense algal mats and to determine the effect of macroalgal mats on oxygen and nutrient concentrations in the water column during situations of net growth and net decomposition of the algal biomass.

MATERIALS AND METHODS

Experimental setup. An experimental setup simulating an algal mat/sediment system was constructed in the laboratory using a 2-compartment Plexiglass cylinder (inner diameter 10 cm, height 40 cm; Fig. 1). The filamentous macroalga *Chaetomorpha linum* was collected in the shallow cove Kertinge Nor, Denmark, and added to the upper compartment to create a 15 cm thick algal mat comparable to *in situ* conditions. The algal mat consisted of 30 g (fresh weight, fw) actively growing algae overlying 5 g fw of black algal filaments taken from the bottom of an algal mat. This density corresponds to 4.5 kg fw m⁻² (or approximately 600 g dw m⁻²), which resembles the maximum biomass of algal mats recorded in the field (Sfriso et al. 1987, 1993, Lavery et al. 1991, Valiela et al. 1992, Ærtebjerg et al. 1993, Viaroli et al. 1993). Nutrient efflux from the sediment was simulated by pumping a concentrated nutrient solution through the lower compartment causing nutrients to diffuse into the algal mat across a filter paper separating the 2 compartments. The flux rate was controlled by regulating the flow rate of nutrients through the lower compartment. The algae were allowed to adapt to these experimental conditions for 6 d before sampling was initiated.

The upper compartment received a continuous supply of artificial seawater (17‰, Grasshoff et al. 1983) without any nutrients added. The seawater was pumped into the compartment at a flow rate of 3.2 mL min⁻¹ from an aerated reservoir to stabilize O₂ and CO₂ concentrations. The water column above the algal mat was stirred by a magnetic stirrer bar (60 rpm) positioned 5 cm above the mat surface.

Nutrients were added to artificial seawater in the lower compartment to reach a final concentration of 650 μM NH₄⁺ and 65 μM PO₄⁻³. The nutrient solution was aerated with N₂ to make the water anoxic before it was pumped through the lower compartment. Several tests of the outflowing water verified that bacterial growth (e.g. of nitrifying bacteria) in the lower chamb-
ber was negligible. The nutrient concentrations and flow rate were chosen to obtain an efflux of approximately 1000 μmol N m⁻² h⁻¹ and 100 μmol P m⁻² h⁻¹, corresponding to the maximum in situ flux rates during summer from the sediments in Kertinge Nor (Christensen et al. 1994). The flow rate (f), and the concentrations of nutrients in the inflow (Cₐ) and the outflow (C₉) were measured every 3 to 5 h during the experiment, and the actual flux rate (F) was calculated as:

\[ F = (C_9 - C_a) \times f/A \]  

where A is the surface area separating the 2 chambers.

Light was supplied from a 400 W mercury lamp in a 12 h light/12 h dark cycle. One core received approximately 120 μmol photons m⁻² s⁻¹ (referred to as 'low light') while the other core received approximately 380 μmol m⁻² s⁻¹ ('high light'). The cores were wrapped in black plastic to prevent light exposure through the sides. The experiments were run in a temperature-controlled room at 18 to 21°C.

**Oxygen and nutrient concentrations within the mats.** Oxygen profiles within the algal mats were measured by a Clark-type oxygen microsensor (Revbesch 1989). The electrode was directed down through the algal mat at 1 mm increments. Two-point calibration of the microsensor was performed regularly by taking readings in aerated and anoxic water. Immediately after recording an oxygen profile, a depth profile of the water was sampled for analysis of nutrient concentrations. The water samples (2 ml) were taken with syringes through silicone-stoppered ports located at 1 cm intervals in the Perspex wall and immediately frozen. The NH₄⁺ concentration was determined by the salicylate-hypochlorite method (Bower & Hansen 1980). The data presented in the figures are typical results from a single experiment.

**Algal production estimated from O₂ concentration profiles.** Depth profiles of O₂ were measured 6 to 10 times during the light cycle and 3 to 6 times during the dark cycle. The net O₂ production rates of the algal mats were calculated from the changes in O₂ concentrations of the water column obtained from integration of successive O₂ concentration profiles. The exchange of O₂ with the water pumped through the upper chamber was calculated from Eq. (1) and included in the O₂ budget.

**Algal production estimated by ¹³C uptake.** On the last day of each experiment, NaH¹³CO₃ was carefully injected into the mat to create a homogenous concentration of 20 to 50 μM throughout the algal mat. After incubation, the algal mat was separated into 2 cm depth sections. The tissue was rinsed in demineralized water and freeze dried for 16 h for later analysis of total C content and ¹³C atomic % on a mass spectrometer (Tracer mass, Europa Scientific, UK). Algal productivity (P) of each 2 cm section of the mats was calculated from:

\[ P (\mu mol C g dw⁻¹ h⁻¹) = \frac{(¹³C%_{end} - ¹³C%_{start}) \times TC \times (¹₂DIC/¹³DIC)/t}{(12DIC/13DIC)/t} \]  

where ¹³C%_{start} and ¹³C%_{end} represent the ¹³C content of Chaetomorpha linum tissue before and after incubation with NaH¹³CO₃, respectively. TC is the total C content, ¹²DIC/¹³DIC the average specific activity of DIC (dissolved inorganic carbon) during the incubation, and t the incubation time.

The ¹³C content of DIC in the incubation water was determined in 2 ml water samples collected through silicone stoppered ports in the cylinder wall. The samples were stored in 1.5 ml borosilicate glass vials with PTFE-coated Butyl rubber stoppers, and bacterial activity was stopped by adding 20 μl 20% ZnCl before the samples were transferred to helium filled 5 ml glass vials (Exetainer, Labco, UK). DIC was converted to CO₂ by lowering the pH to 1 by adding H₂SO₄ (4 M), and shaking vigorously for 10 min to ensure equilibrium of CO₂ between the water and gas phases. The headspace was then injected into a gas chromatograph (RoboPrep G+) in line with the mass spectrometer to determine the isotopic composition of DIC.

**Light attenuation within algal mats.** Light attenuation within the mats was estimated based on the methods used for weed beds (Westlake 1964) and suspensions of epiphytic microalgae (Sand-Jensen & Sandberg 1981). The irradiance in a given position of an algal mat (Iₐ) can be calculated from:

\[ I_a = I_0 \times e^{-k(x)\xi} \]  

where I₀ is irradiance penetrating filtered seawater, Kᵥ is the vertical extinction coefficient for natural light in a turbid suspension, and x is a quantity factor which may include algal density (a) and distance (d) from the light source. If suspensions of algae behave like suspensions of particles, then:

\[ K_v x = k_a a + k_d d \]  

where Kᵥ is the vertical extinction coefficient of the algae and kₐ is the vertical extinction coefficient due to distance from the light source. Kᵥ was derived from measurements of irradiance penetrating through progressively thicker layers of Chaetomorpha linum (Iₐ) compared to I₀, using the equation:

\[ k_a = \ln(I_0/I_a)/a \]  

After each addition of algal material, 3 readings were taken. The algae were redistributed between each reading to ensure a representative distribution of algal filaments. kₐ was derived in a similar way from measurements of irradiance at increasing distance from the light source when algae were absent.
Chlorophyll, C, 13C and N content of the algae. The chlorophyll content was analyzed by a modification of the method described by Wintermanns & De Motts (1965). Two drops of demineralized water were added to 3 to 5 mg of freeze-dried and ground algal tissue from each depth section of the algal mat. After 2 h, 10 ml of 96% ethanol was added and chlorophyll was extracted in the dark for 16 h at room temperature. The samples were shaken and centrifuged, and the extinctions at 649, 665 and 750 nm were measured on a spectrophotometer. Total C, 13C and N content were analyzed on triplicate subsamples of the freeze-dried algal tissue on an elemental analyzer (RoboPrep-C/N) in line with the mass spectrometer.

RESULTS

Oxygen and nutrient concentrations within the mats

In the low light experiment, oxygen penetrated approximately 7 cm down into the algal mat by the end of the dark period and the mat was anoxic below this depth (Fig. 2A). The NH4+ concentration was high in the bottom layers of the mat (up to 30 µM) and decreased up through the mat with distance from the nutrient source. In the dark, a concentration of approximately 10 µM NH4+ was measured in the upper layer of the mat (Fig. 2A). During light exposure, O2 concentrations increased in the upper layers and a maximum concentration of 360 µM O2 was measured by the end of the day. The O2 production also increased O2 penetration within the mat to 13 cm by the end of the light exposure (Fig. 2B). The NH4+ concentration in the upper layers was reduced simultaneously with the increase in O2 concentration, and by the end of the day NH4+ was not detectable in the upper 6 cm of the mat although high NH4+ concentrations (up to 27 µM) were still found in the bottom of the mat (Fig. 2B).

In the high light experiment, oxygen was present in concentrations corresponding to air saturation in the upper part of the mat at the end of the dark period, and penetrated to 14 cm depth. Ammonium was only detectable in the bottom 1 cm layer (Fig. 3A). By the

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Fig. 2. Chaetomorpha linum. Concentration profiles of O2 (○) and NH4+ (△) measured by depth in a dense mat at (A) the end of dark incubation and (B) the end of light incubation at a low surface irradiance of 120 µmol photons m⁻² s⁻¹.

Fig. 3. Chaetomorpha linum. Concentration profiles of O2 (○) and NH4+ (△) measured by depth in a dense mat at (A) the end of dark incubation and (B) end of light incubation at a high surface irradiance of 380 µmol photons m⁻² s⁻¹.
end of the high light incubation, an $O_2$ concentration of 630 µM was recorded in the surface layer of the algal mat, and the mat was supersaturated with $O_2$ down to a depth of approximately 13 cm, resulting in large air bubbles surrounding the filaments. Oxygen concentrations were markedly reduced in the lower part of the mat and the bottom 1 cm of the mat remained anoxic. Ammonium was undetectable within the entire algal mat by the end of the light incubation (Fig. 3B).

Algal production estimated from $O_2$ concentration profiles

The average net $O_2$ production was 3.65 mmol $O_2$ m$^{-2}$ h$^{-1}$ during the day of the low light experiment (Fig. 4A). The production varied somewhat during the day, showing the lowest values by the end of the day. The average $O_2$ consumption in the dark was 6.69 mmol $O_2$ m$^{-2}$ h$^{-1}$, giving a diurnal $O_2$ budget of -36.41 mmol $O_2$ m$^{-2}$ d$^{-1}$.

During the high light experiment, the average net $O_2$ production decreased from 32.63 to 4.63 mmol $O_2$ m$^{-2}$ h$^{-1}$ during the day, and the average production was 13.17 mmol $O_2$ m$^{-2}$ h$^{-1}$ (Fig. 4B). The average $O_2$ consumption in the dark was 6.31 mmol $O_2$ m$^{-2}$ h$^{-1}$, giving a diurnal $O_2$ budget of 82.30 mmol $O_2$ m$^{-2}$ d$^{-1}$.

Light attenuation within algal mats

The light availability declined exponentially in the algal mats, and the irradiance was reduced to 10% of surface irradiance at approximately 4.0 cm depth into the mats (Fig. 5). $k_d$ averaged 0.015 m$^2$ g$^{-1}$ dw (0.0051 m$^2$ mg$^{-1}$ chl) and $k_d$ was 4.46 m$^{-1}$. The total attenua-
low light experiment decreased from 15.1 to 12.8–13.7 during incubation. There was no significant vertical variation in the C/N ratios within the mat. In high light, the initial C/N ratio of the algae was 29.6. During incubation, the C/N ratio increased to 32.5 in the top of the mat whereas the ratio of the remaining part of the mat gradually decreased to a minimum of 22 in the bottom of the mat, resulting in a distinct vertical C/N gradient within the mat (Fig. 7).

DISCUSSION

Diurnal variations in O₂ and nutrient concentrations

Oxygen profiles were steep within the mats and both O₂ concentrations and penetration depth varied markedly between light and darkness, demonstrating dramatic diurnal changes in the O₂ environment within the algal mats (Figs. 2 & 3). Maximum O₂ concentrations occurred within the photic zone of the mats at the end of the light period and were more than 2-fold higher than O₂ levels in the dark (Figs. 2 & 3). Similar diurnal changes in O₂ concentrations have also been observed within dense mats of Cladophora (Thybo-Christesen et al. 1993, Eiseltova & Pokorny 1994). Several cm of the algal mats were affected by the changing O₂ conditions; in mats of benthic and epiphytic microalgae similar diurnal changes occur, but the O₂ dynamics are here restricted to the upper few mm of the mats (Revsbech et al. 1980, Sand-Jensen et al. 1985).

Oxygen production rates in the macroalgal mats decreased during the day and reached a minimum by the end of the light cycle (Fig. 4). This pattern was most pronounced in high light and may have several reasons. The increase in O₂ concentrations during the day (Fig. 3B) is accompanied by DIC depletion and high pH, which may reduce photosynthetic net O₂ evolution (Gordon & Sand-Jensen 1990). High O₂ and low CO₂ concentrations can reduce photosynthesis due to competition between O₂ and CO₂ at the reaction sites of Rubisco. High O₂ concentrations can also enhance O₂ consumption through dark respiration (Bidwell 1983) and Mehler type reactions associated with the electron transport system (Heber 1985). Photosynthesis may finally decline with increasing time in the light due to an endogenous rhythm in the cells (Harris 1978) or photoinhibitory processes rising in proportion to the light dosage received (Ogren & Rosenqvist 1992).

High rates of O₂ consumption by macroalgal respiration and decomposition processes in the lower part of the algal mats created permanent anoxic conditions at the bottom layers (Figs. 2 & 3). Permanent anoxia at the sediment surface and markedly reduced light levels may
prevent development of benthic microalgae, and the low $O_2$ concentrations may also hamper the development of ciliates and meiofauna (Sundbäck et al. 1990). Reducing conditions at the sediment surface simultaneously influence biogeochemical cycles resulting in high effluxes of $PO_4^{3-}$, $NH_4^+$ (Lavery & McComb 1991b) and reduced substances such as $H_2S$ (Balzer 1984).

Despite the continuous high flux of $NH_4^+$ into the mat from below, macroalgal assimilation significantly reduced ambient $NH_4^+$ concentrations at the mat surface as a result of photosynthetic activity within the algal mat (Figs. 2 & 3). In low light the benthic N supply exceeded algal demand and caused a flux of nutrients through the mat in the dark (Fig. 2A). In contrast, the permanently low $NH_4^+$ concentrations in high light indicated that the nutrient uptake capacity of the algae exceeded the benthic N flux, which was thus efficiently absorbed by the mat (Fig. 3). The algae assimilated 400 and 900 µmol $N$ m$^{-2}$ h$^{-1}$ in low light and high light, respectively (McGlathery et al. unpubl.). In addition, coupled nitrification-denitrification activity in the transition zone in the algal mat where the $O_2$ and $NH_4^+$ concentration profiles overlap may further reduce $NH_4^+$ concentrations at a rate of approximately 30 µmol $N$ m$^{-2}$ h$^{-1}$ (Krause-Jensen et al. unpubl. data). Dense algal mats may thus act as a filter reducing the flux of nutrients to the water column and this effect is most efficient during periods of net growth.

**Depth variation in productivity**

Weight-specific productivity decreased in the algal mats as a function of depth, reflecting self-shading by the algae. This pattern is similar to the reduced growth rates at increasing macroalgal density recorded by Lapointe & Tenore (1981) and Neori et al. (1991). Increased surface irradiance enhanced productivity for a given depth in the algal mat and also extended the productive zone (Fig. 5A, B). The 3-fold increase in surface irradiance from 120 to 380 µmol photons m$^{-2}$ s$^{-1}$ thus resulted in more than a doubling of both the maximum weight-specific productivity and also of the productive zone, creating a 6-fold increase in area productivity of the mat.

The extension of the photic zone (approximately corresponding to the depth of 1% surface irradiance) is controlled by the vertical light attenuation coefficient and, therefore, by the chlorophyll density of the community (Sand-Jensen 1989). In the algal mat exposed to high surface light, the average chlorophyll density was 10.7 g chl $m^{-3}$ and the photic zone was approximately 8 cm deep. This chlorophyll density is an order of magnitude lower than in dense periphytic mats (e.g. 114 g chl $m^{-3}$; Gilbert 1991), where the photic zone is reduced to a few millimeters at a maximum (Table 1; Revsbech & Ward 1984). In comparison, stands of submerged plants tend to have less densely packed chlorophyll (approximately 2.1 to 2.8 g chl $m^{-3}$ for Potamogeton pectinatus; Bijl et al. 1989, Sand-Jensen pers. comm.), and a deeper photic zone (approximately 14 cm; Bijl et al. 1989), whereas in phytoplankton communities, chlorophyll densities may range from 0.2 to 0.4 in productive lakes (Talling 1973) to 0.00015 g chl a m$^{-3}$ in oceanic waters (Holm-Hansen et al. 1994), and the photic zone may correspondingly vary between 0.2 and 200 m (Table 1). Comparison of oceanic phytoplankton communities and microalgal mats shows that the reduction in the extension of the photic zone is accompanied by a 10$^6$-fold increase in maximum volume-specific productivity (Table 1; Sand-Jensen 1989). However, because volume-specific productivity increases as the extension of the photic zone becomes smaller, the total area productivity (i.e. depth-integrated productivity) of the different plant communities is less variable (Table 1; Revsbech et al. 1988, Sand-Jensen 1989).

### Table 1. Chlorophyll density, photic zone, maximum volume-specific productivity and total productivity of different plant communities

<table>
<thead>
<tr>
<th>Plant community</th>
<th>Chlorophyll density (g chl m$^{-2}$)</th>
<th>Photic zone (m)</th>
<th>Maximum prod. (µmol C m$^{-3}$ h$^{-1}$)</th>
<th>Total prod. (mmol C m$^{-2}$ h$^{-1}$)</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microalgae</td>
<td>114</td>
<td>&lt;0.005</td>
<td>22000–156000*</td>
<td>11.8–49.5*</td>
<td>Gilbert (1991)</td>
</tr>
<tr>
<td>Macrophytes</td>
<td></td>
<td>0.0005–0.0034</td>
<td>240</td>
<td>11</td>
<td>Revsbech &amp; Ward (1984)</td>
</tr>
<tr>
<td><em>Chaetomorpha linum</em></td>
<td>16.48</td>
<td>0.08</td>
<td>120*</td>
<td>15*</td>
<td>Present study</td>
</tr>
<tr>
<td><em>Potamogeton pectinatus</em></td>
<td>2.5</td>
<td>0.14</td>
<td>198–618*</td>
<td>12.3–62.5*</td>
<td>Bijl et al. (1989), Sand-Jensen (pers. comm.), Talling et al. (1973)</td>
</tr>
<tr>
<td>Phytoplankton</td>
<td>0.21–0.41</td>
<td>0.23–0.49</td>
<td>0.2</td>
<td>4.8</td>
<td>Nielsen &amp; Hansen (1995)</td>
</tr>
<tr>
<td></td>
<td>0.0035</td>
<td>0.23–0.49</td>
<td>198–618*</td>
<td>12.3–62.5*</td>
<td>Holm-Hansen et al. (1994)</td>
</tr>
</tbody>
</table>

*Productivity measured as $O_2$ evolution
Depth variation in tissue composition

The vertical gradients of decreasing irradiance and increasing availability of inorganic nitrogen within the mats were reflected by increasing algal chlorophyll content with depth. The reduced light availability in the low light experiment also resulted in higher chlorophyll content when the 2 light treatments were compared (Fig. 6). An increase in pigment content in response to reduced light levels is a well-known phenomenon which enables the algae to absorb a greater proportion of incident light (Waaland et al. 1974, Markager & Sand-Jensen 1994). In addition, chlorophyll concentrations typically reflect the macroalgal N status (Bird et al. 1982, Lapointe & Duke 1984). The chlorophyll content of Chaetomorpha linum (2.4 to 6.6 mg chl g\(^{-1}\) dw) taken from different depth intervals within the mats of this experiment was thus positively correlated with the tissue N content (\(y = 3.3x + 9.4, R^2 = 0.89; p < 0.001\) in the range of 11.3 to 24.8 mg N g\(^{-1}\) dw). The response in chlorophyll concentrations agrees with the observations of Lapointe & Tenore (1981) that Ulva fasciata acclimated to decreasing irradiance by increasing the chlorophyll content, and that the algae at each light level increased the chlorophyll content with increasing N additions. The C/N ratio reflects the balance between C assimilation and N uptake and provides a relative indicator of possible nutrient limitation within the mat. In low light, low and uniform C/N ratios indicated that C assimilation was low relative to N uptake and that the entire algal mat was probably N saturated and light limited (Fig. 7). The N sufficiency of the algae was further supported by the relatively high NH\(_4\)\(^+\) concentrations in the ambient water at the mat surface (Fig. 2A). In high light, the decrease in C/N ratios from surface to bottom of the mat reflected a gradual reduction in C assimilation relative to N uptake (Fig. 7). This pattern suggested that the bottom layers were light limited and that N limitation became progressively more important towards the mat surface. These C/N profiles agree with field measurements of C/N ratios decreasing from approximately 25 in the surface to 10 in the bottom layers of C. linum mats (Krause-Jensen et al. unpubl. data). The increasing distance between the light source and the sediment nutrient source in actively growing algal mats may thus result in an uncoupling between light and nutrient availability.

Oxygen balance of algal mats

The O\(_2\) balance of the algal mats was markedly affected by light availability. In low light, oxygen consumption exceeded production of the mats giving a negative diurnal O\(_2\) budget (Fig. 4A) whereas in high light the mat was net O\(_2\) productive over the diurnal cycle (Fig. 4B). A shift from net production to net consumption may similarly occur when algal density increases and the proportion of shaded biomass increases relative to the productive part of the mats. Periods of high temperatures may also stimulate respiration relative to production (Marsh et al. 1986). A negative O\(_2\) balance of algal mats may seriously affect shallow macroalgal dominated systems. High respiration rates may lead to anoxia throughout the algal mat and the overlying water column and may cause a significant release of nutrients from both the sediments and decomposing algae (Sfriso et al. 1987, Viaroli et al. 1993, Christensen et al. 1994). Such situations may occur overnight during periods of high temperature and cloudy, moderately calm weather (D'Avanzo & Kremer 1994). A concomitant release of H\(_2\)S from the anoxic bottom algal layers and the sediment (Sfriso et al. 1987, Krause-Jensen et al. unpubl. data) dramatically accelerates O\(_2\) consumption, and the reducing conditions may finally kill the algae (Drew 1979). This accelerating process may explain the often abrupt declines of dense algal mats (Sfriso et al. 1987, Viaroli et al. 1993, D'Avanzo & Kremer 1994, Røsgård et al. 1995). Due to the major changes in O\(_2\) and nutrient concentrations accompanying the decline of the algae, shallow areas dominated by macroalgal mats can be characterized as unstable systems. Instability may also be caused by an extremely high productivity during periods of calm weather and high irradiance (Fig. 3B), when supersaturation of O\(_2\) forms large air bubbles within the mat which may lift part of the mat off the sediment leaving the algae floating at the surface of the water column. Such events may give rise to sudden toxic effects in the water column (e.g. fish kill) due to sediment release of H\(_2\)S, and the enhanced efflux of nutrients may cause a shift from dominance of benthic macroalgae to planktonic microalgae (Christensen et al. 1994).

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